

# 9 EVERYDAY OIL USES

## Your Essential Oil – Medicine Cabinet



### PEPPERMINT

Indigestion  
Heartburn  
Fever  
Itching  
Fatigue  
Headache  
Nausea  
Fainting  
Hiccups  
Concentration  
Congestion  
Insect Bites  
Rodents/Ants



### THIEVES

Colds/Flu  
Bee Sting  
Strep Throat  
Household Germs  
Gingivitis  
Mold  
Bronchitis  
Cold Sores/Canker  
Fungal Skin  
Toe Infection  
Disinfecting  
Food Poisoning  
Teething  
Warts



### LEMON

Varicose  
Veins  
Heartburn  
Cold Sores  
Acne  
Athletes Foot  
Baked Goods  
Carpet Clean  
Remove  
Gum, crayon



### LAVENDER

Calming  
Bee Sting  
Insect Bites  
Minor Burn  
Minor Cuts  
Eczema  
Dry Skin  
Scar Tissue  
Deodorant  
Hay Fever  
Motion Sick  
Sun Burn  
Diaper Rash  
Moths/Insects



### FRANKINCENSE

Concentration  
Immune System  
Blisters  
Insect Bites  
Depression  
Brittle Nails  
Stretch Marks  
Cysts  
Skin Health  
Warts  
Immune Stimulation  
Concussion  
Spiritual Focus



### PURIFICATION

Air Purifier  
Insect Bites  
Sore Throat  
Blisters  
Sneaker Odor  
Flu  
Cat/Dog Ear  
Mites  
Air Freshener  
Freshen Laundry



### PANAWAY

Inflammation  
Bruising  
Sore Muscles  
Headache  
Growing Pains  
Arthritis Pain  
Sciatic Pain  
Menstrual Cramps  
Tendonitis  
Tennis Elbow  
Arthritis in Pets  
Insect Bites



### VALOR

Emotional  
Strength  
Back Pain  
Joint Pain  
TMJ  
Sciatica  
Anxiety  
Stage fright  
Sleep Apnea  
Stiff Neck  
Spinal  
Adjustment



### PEACE & CALMING

Sleep  
Calm Children  
Uplifts Spirits  
Deep Peace  
Relaxing  
Massage  
Relaxing Bath  
Teeth Grinding

For More Information please contact

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**Obligatory Disclaimer:** The following information is intended for educational purposes only. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Anyone suffering from a serious disease, illness or injury should consult with a physician. THE SUGGESTED USES APPLY ONLY TO THE USE OF THERAPEUTIC GRADE, YOUNG LIVING ESSENTIAL OILS